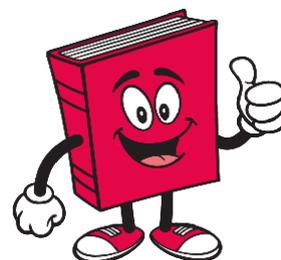


Better with Books (Wales)



Worries and Fears

Huge bag of worries by Virginia Ironside	Recommended for age 0-5 years	ISBN - 9780340903179
The teenage guide to stress by Nicola Morgan	Recommended for age 13 – 18 years	ISBN – 9781406353143
Overcoming your child's fears and worries by Cathy Cresswell and Lucy Willetts	Recommended for parents / guardian	ISBN - 9781845290863

Sadness

I had a black dog by Matthew Johnstone	Recommended for age 13 – 18 years	ISBN - 9781845295899
Living with a black dog by Matthew Johnstone	Recommended for parents / guardian	ISBN - 9781845297435
So sad, so young, so listen by Philip J. Graham and Carol Hughes	Recommended for parents / guardian	ISBN - 9781904671237

Sleep

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The sleep book for tired parents by Rebecca Huntley	Recommended for parents / guardian	ISBN - 9780285637030

Siblings

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Divorce

Mum and Dad Glue by Kes Gray	Recommended for age 0-5 years	ISBN – 9780340957110
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Bullying

Blue cheese breath and stinky feet by Catherine Depino	Recommended for age 5 – 11 years	ISBN – 9781591471127
The teenage guide to stress by Nicola Morgan	Recommended for age 13 – 18 years	ISBN – 9781406353143
Bullying – a parent’s guide by Jenifer Thomson	Recommended for parents / guardian	ISBN - 978-1861442161

Confidence and self esteem

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Self esteem for boys by Elizabeth Hartley-Brewer	Recommended for age 13 – 18 years	ISBN – 9780091855871
Self esteem for girls by Elizabeth Hartley-Brewer	Recommended for age 13 – 18 years	ISBN – 9780091855864
Confident children by Gael Lindenfield	Recommended for parents / guardian	ISBN – 9780722539569

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The explosive child by Ross Greene	Recommended for parents/guardian	ISBN – 9780062270450

Parents

The parenting puzzle by Candida Hunt	Recommended for parents / guardian	ISBN – 9780954470906
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Understanding 12 – 14 years olds by Margot Waddle	Recommended for parents / guardian	ISBN - 978-1843103677

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Badgers parting gift by Susan Varley	Recommended for age 5- 11 years	ISBN – 9781849395144
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What's happening to me (boys) by Alex Firth	Recommended for age 13- 18 years	ISBN – 9780746076637
Ages and stages by Charles. E. Schaefer and Theresa Foy DiGeronimo	Recommended for parents / guardian	ISBN – 9780471370871